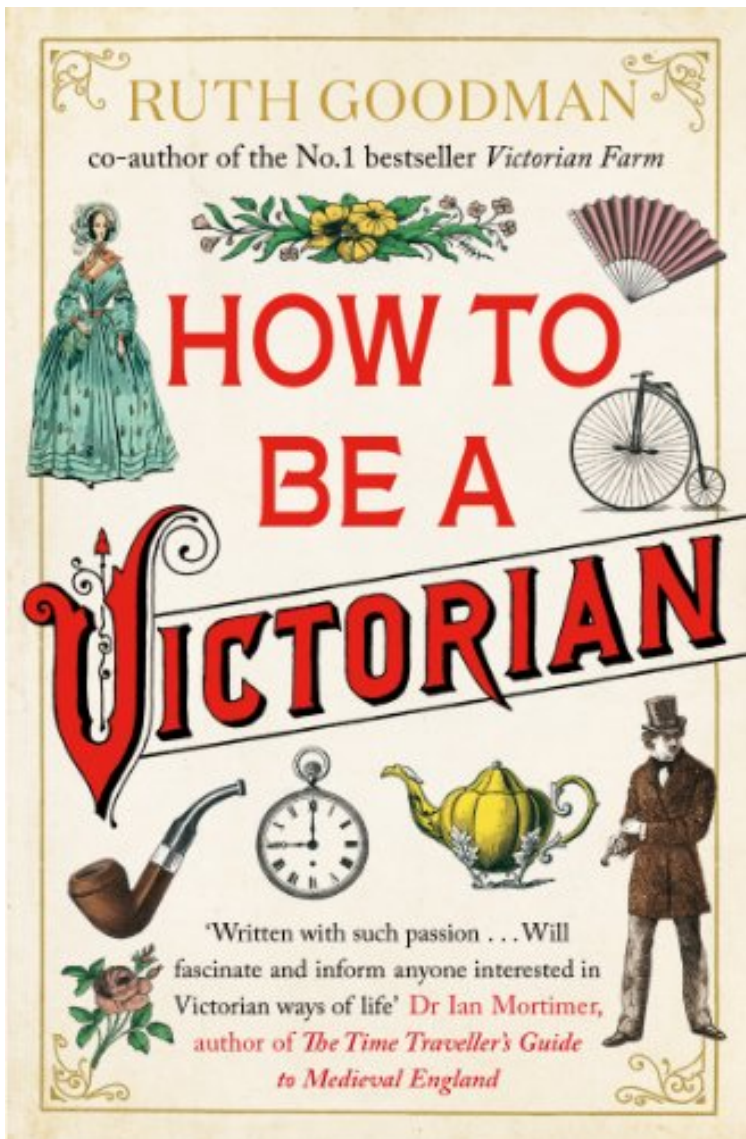


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How to be a Victorian



Par Ruth Goodman
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Description :

Prsentation de l'diteurHow to be a Victorian - travel back in time with the BBC's Ruth Goodman Step into the skin of your ancestors . . . We know what life was like for Victoria and Albert. But what was it like for a commoner like you or me? How did it feel to cook with coal and wash with tea leaves? Drink beer for breakfast and clean your teeth with cuttlefish? Dress in whalebone and feed opium to the baby? Catch the omnibus to work and do the laundry in your corset? Surviving everyday life came down to the gritty details, the small necessities and tricks of living . . .How To Be A Victorian by Ruth Goodman is a radical new approach to history; a journey back in time more intimate, personal and physical than anything before. It is one told from the inside out - how our forebears interacted with the practicalities of their world - and it is a history of those things that make up the day-to-day reality of life, matters so small and seemingly mundane

that people scarcely mention them in their diaries or letters. Moving through the rhythm of the day, from waking up to the sound of a knocker-upper man poking a stick at your window, to retiring for nocturnal activities, when the door finally closes on twenty four hours of life, this astonishing guide illuminates the overlapping worlds of health, sex, fashion, food, school, work and play. If you liked A Time Traveller's Guide to Medieval England or 1000 Years of Annoying the French, you will love this book. Ruth Goodman is an independent scholar and historian, specialising in social and domestic history. She works with a wide range of museums and other academic institutions exploring the past of ordinary people and their activities.

She has presented a number of BBC 2 television series, including Victorian Farm, Edwardian Farm and Wartime Farm. In each of these programs, she spent a year recreating life from a different period. As well as her involvement with the Farm series, Ruth makes frequent appearances on The One Show and Coast. Revue de presse Written with such passion that one cannot help but be carried along . . . Will fascinate and inform

anyone who is in any way interested in Victorian ways of life (Dr Ian Mortimer, author of The Time Travellers Guide to Medieval England) A delightful read . . . allows us to see how the Victorians lived from day to day. A triumph (Judith Flanders, author of The Victorian City) Shocking, exciting, wonderful (Clive Anderson BBC Radio 4) If we ever have a female Doctor Who, I shall forward Ruth Goodman's name for consideration, not least because the historian has already done so much time travelling (Andrew Billen The Times) I absolutely love this book. Exuberant, absorbing ... there's scarcely a detail of Victorian life Ruth has not tried (A N Wilson Mail on Sunday) Ruth - a woman who possesses so much elbow grease that she could

probably can the overflow to sell on the side (Independent) Beetonian, compendious (Guardian) Highly readable, often amusing and sometimes shocking, this is popular history at its best (BBC Who Do You Think You Are magazine) Goodman's enthusiasm for history is as palpable as her contempt for misty-eyed interpretations of it (Telegraph) Enlightening (Scotland on Sunday) Revelatory... if the past is foreign country

because they do things differently there, we're lucky to have such a knowledgeable cicerone as Ruth Goodman (Wall Street Journal) Presentation de l'diteur How to be a Victorian - travel back in time with the BBC's Ruth Goodman Step into the skin of your ancestors . . . We know what life was like for Victoria and Albert. But what was it like for a commoner like you or me? How did it feel to cook with coal and wash with tea leaves? Drink beer for breakfast and clean your teeth with cuttlefish? Dress in whalebone and feed opium

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