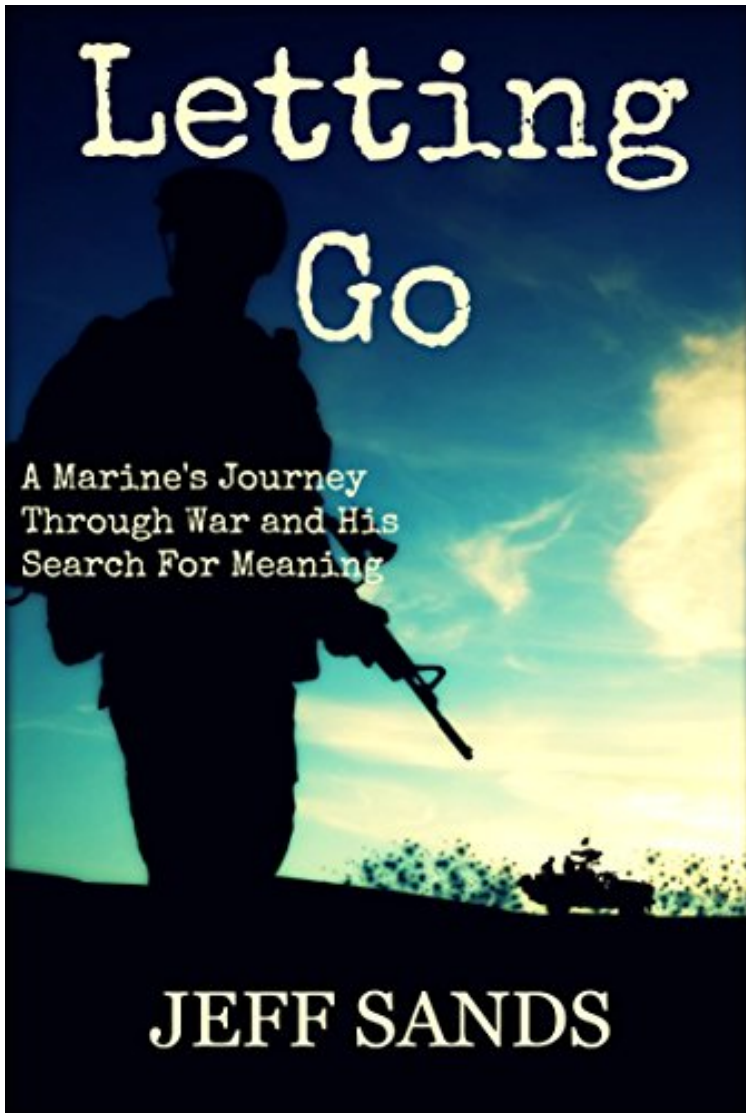


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# Letting Go: A Marine's Journey Through War and His Search for Meaning (English Edition)



*Par Jeff Sands*  
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Prsentation de l'diteurNot only a gripping memoir about war and the Marine Corps with gut-wrenching and heartfelt scenes, but also an introspective story about life after the Marine Corps and finding your purpose in the world. Letting Go: A Marines Journey Through War and His Search for Meaning takes the reader deep inside the authors head, giving them an unfiltered view of his struggles with war, and the difficulty he faced trying to adjust as a civilian to a world out of touch with his values.I looked inside, compelled to stare, staining the image of a dead body into my memory. I did not deserve to look away. I had to know the awfulness of war; the wickedness of our species. - Page 162MORE FROM THE BACK COVERLetting Go

is an excellent account of a Marine before, during, and after 9/11. Through the eyes of Jeff Sands, he retells his story with brutal honesty, describing what possessed him to join the Marine Corps, his experiences while serving, to include deploying to Iraq during the initial invasion, and the demons he endured while trying to readjust to civilian life. This book was begun as a diary of sorts. It was written to try and understand the chaos that exists inside ones own head, especially after experiencing war and seeing its effects. It was flushed out over many sleepless nights, and refined over time with clarity. Its more than just a story about war and struggle, its a story about what compels someone to join the Marine Corps, risking his life for something greater than himself. Its a story about how the Marine Corps molds not only mens bodies, but their minds. Its a story about war, and its effects... good and bad. It's a story about heartbreak. And its a story about trying to adjust to a corporate world out of touch with the values of the Marine Corps; a world without a purpose. Follow Jeff as he takes you through the streets of Baghdad, giving you an unfiltered description of what he experienced and the injustice he saw. Then, watch him try to adjust as a civilian, eventually leaving behind his job, his marriage, and everything he owns, in order to pursue the ideals that were the reasons he joined the Marine Corps; ideals that were reinforced by war. See how he deals with his tortured mind, eventually teaching himself how to let go. ABOUT LETTING GO: A MARINES JOURNEY THROUGH WAR AND HIS SEARCH FOR MEANING Released December 15th, 2014, this is the first book by Jeff Sands about his own life and his own experiences. Prsentation de l'diteur Not only a gripping memoir about war and the Marine Corps with gut-wrenching and heartfelt scenes, but also an introspective story about life after the Marine Corps and finding your purpose in the world. Letting Go: A Marines Journey Through War and His Search for Meaning takes the reader deep inside the authors head, giving them an unfiltered view of his struggles with war, and the difficulty he faced trying to adjust as a civilian to a world out of touch with his values. I looked inside, compelled to stare, staining the image of a dead body into my memory. I did not deserve to look away. I had to know the awfulness of war; the wickedness of our species. - Page 162 MORE FROM THE BACK COVER Letting Go is an excellent account of a Marine before, during, and after 9/11. Through the eyes of Jeff Sands, he retells his story with brutal honesty, describing what possessed him to join the Marine Corps, his experiences while serving, to include deploying to Iraq during the initial invasion, and the demons he endured while trying to readjust to civilian life. This book was begun as a diary of sorts. It was written to try and understand the chaos that exists inside ones own head, especially after experiencing war and seeing its effects. It was flushed out over many sleepless nights, and refined over time with clarity. Its more than just a story about war and struggle, its a story about what compels someone to join the Marine Corps, risking his life for something greater than himself. Its a story about how the Marine Corps molds not only mens bodies, but their minds. Its a story about war, and its effects... good and bad. It's a story about heartbreak. And its a story about trying to adjust to a corporate world out of touch with the values of the Marine Corps; a world without a purpose. Follow Jeff as he takes you through the streets of Baghdad, giving you an unfiltered description of what he experienced and the injustice he saw. Then, watch him try to adjust as a civilian, eventually leaving behind his job, his marriage, and everything he owns, in order to pursue the ideals that were the reasons he joined the Marine Corps; ideals that were reinforced by war. See how he deals with his tortured mind, eventually teaching himself how to let go. ABOUT LETTING GO: A MARINES JOURNEY THROUGH WAR AND HIS SEARCH FOR MEANING Released December 15th, 2014, this is the first book by Jeff Sands about his own life and his own experiences.